

GUMPTIONWORK

It Takes Courage to Admit a Mistake

You can do this better online:
www.gumptionade.com/admit-a-mistake

I shall keep watching myself continually, and—a most useful habit—shall review each day. For this is what makes us wicked: that no one of us looks back over his own life. Our thoughts are devoted only to what we are about to do. And yet our plans for the future always depend on the past.

Seneca, Letter Number 83

The goal of this work sheet is to learn from a mistake.

On [date] _____ at [time] _____

I made the following minor major mistake:

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I thought at the time it was the right thing to do because:

Now, however, it seems to me that a more effective course of action would have been to:

Next time a situation like this comes up, I will try to do better as follows:
